

KELTIC LODGE AT THE HIGHLANDS

The Spa
at Keltic 

SPA ARRIVAL

For a seamless spa experience, we recommend **arriving 15 minutes prior to your scheduled treatment** to complete any necessary health forms. Please be mindful that late arrivals may result in abbreviated treatment times, and full-service charges will still apply.

Kindly note our 24-hour cancellation policy: failing to cancel or missing your appointment will incur a charge equivalent to 50% of the service total, billed to the credit card on file.

Should you wish to utilize our spa facilities during your visit, please remember to bring your swimsuit. We appreciate your cooperation and look forward to pampering you.

HEALTH & WELLNESS

Your health and wellness are of paramount importance to us. To ensure your comfort and safety, please inform us at the time of booking and upon arrival if you have any medical or health concerns. This enables us to tailor your session to provide a safe, effective, and deeply relaxing treatment experience.

To maintain a serene and tranquil atmosphere for all guests, we kindly request that you silence your cell phones and electronic devices. Please use headphones for personal music enjoyment and speak softly in all areas of the spa to preserve the peaceful ambiance. Outside alcohol is not permitted, but we are delighted to offer our selection of beverages for your enjoyment. Thank you for helping us create a relaxing environment for everyone to unwind and rejuvenate.

CHILDREN IN THE SPA

For the comfort of all guests, we kindly request that arrangements be made in advance for children accompanying you to the spa. Please note that spa services and facilities are reserved for guests aged 12 and older. Children under 12 must be accompanied by an adult, and a waiver must be signed. However, please be aware that children aged 5 and under are not permitted to use the hot tub due to a higher risk of overheating. Thank you for your understanding and cooperation in ensuring a peaceful and relaxing environment for all our guests.

SERVICE GRATUITY

We take pride in delivering exceptional service along with the spa amenities. Please note that an 18% gratuity will be automatically included with all spa services. We appreciate your understanding and continued support.

SPA PACKAGES



TESTING THE WATER

Dive into relaxation and rejuvenation with our Testing the Waters spa package, designed for those eager to sample a bit of everything our spa has to offer. Begin your journey with a blissful 30-minute massage, melting away tension and stress. Then, treat your skin to a refreshing Quick Cleanse Facial, leaving your complexion glowing and revitalized. Indulge your hands and feet with a manicure and pedicure, ensuring every detail is meticulously groomed and polished to perfection. With this package, you'll experience a taste of total bliss and emerge feeling renewed from head to toe.

Allow 2.5 hours | \$265

HOOK, LINE & SINKER

Immerse yourself in pure relaxation with our "Hook, Line, and Sinker" spa package, offering a comprehensive full-body experience. Let your worries drift away with a luxurious 60-minute massage, tailored to release tension and restore balance to body and mind. Rejuvenate your complexion with our enhanced facial, leaving your skin radiant and refreshed. Complete your indulgence with a pampering pedicure, ensuring your feet are as revitalized as the rest of you. With this package, surrender to tranquility and emerge feeling completely renewed.

Allow 3 hours | \$300

SPIRIT OF THE SEA

Immerse yourself in the calming embrace of the ocean with our "Spirit of the Sea" package. Experience the nourishing benefits of the sea with a rejuvenating seaweed body wrap, designed to detoxify and hydrate your skin, leaving you feeling refreshed and revitalized. Then, indulge your tired feet with a pampering pedicure, ensuring every step feels as light as a sea breeze. Let the soothing elements of the ocean envelop you as you embark on a journey of relaxation and renewal.

Allow 2.5 hours | \$200

Additional 18% gratuity will be automatically included in all spa services.

ESTHETIC SERVICES



Enjoy a world of beauty and self-care at The Spa at Keltic, where our comprehensive range of esthetic services awaits. Our dedicated estheticians are committed to helping you achieve your beautifying goals with expertise and care.

BROWS & LASHES

Lash Lift (includes lash tint)	\$85
Lash Tint.....	\$25
Brow Tint.....	\$20
Brow Wax	\$20
Brow Lamination.....	\$80
Lash Extensions (<i>classic full set</i>)	\$150
Lash Extensions (<i>classic fill</i>).....	\$75

WAXING

Lip.....	\$18
Chin	\$18
Bikini.....	\$35
Underarm	\$30
Half Arm	\$40
Full Arm.....	\$60
Half Leg	\$45
Full Leg.....	\$70

MAKEUP

Makeup Application.....	\$75
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Additional 18% gratuity will be automatically included in all spa services.

MASSAGE SERVICES



Our skilled Registered Massage Therapists (RMTs) blend ancient healing techniques with modern expertise to create an unparalleled experience of rejuvenation. From Ayurvedic system of healing to invigorating deep tissue treatments, each session is tailored to address your unique needs, melting away tension and restoring harmony to body and mind.

MASSAGE *(covered by health plans)*

Surrender to the healing touch of our therapists and embark on a path to total serenity and renewal. Indulge in the ultimate escape as you drift away on waves of relaxation, leaving behind the stresses of everyday life to emerge refreshed, revitalized, and utterly rejuvenated. Hot steamy towels will enhance the benefits of your massage.

30 minutes | \$85 *60 minutes* | \$125

ADD ONS

Body Scrub | \$50 *15-Minute Indian Head Massage* | \$50
(on 60 Minute Massage only)

INDIAN HEAD MASSAGE *(not covered by health plans)*

Transport yourself to a realm of profound relaxation with our Indian Head Massage, a centuries old technique rooted in Ayurvedic tradition. This deeply therapeutic treatment focuses on the upper body's key energy centers, including the scalp, neck, upper back, and shoulders, releasing built-up tension and promoting a profound sense of tranquility. Whether seeking relief from headaches, sinus congestion, or simply longing for a moment of pure relaxation, our Indian Head Massage offers a holistic journey to rejuvenation, leaving you feeling balanced, revitalized, and utterly refreshed. Also improves hair health.

30 minutes | \$85

PRENATAL MASSAGE *(covered by health plans)*

Experience the gentle embrace of our prenatal massage, designed to nurture both mother and baby during this special time. With expert care and soothing techniques, relieve the unique aches and tensions of pregnancy while promoting relaxation and overall well-being.

30 minutes | \$85 *60 minutes* | \$125

Additional 18% gratuity will be automatically included in all spa services.

FACIALS



QUICK CLEANSE FACIAL

Revitalize your skin with our Quick Cleanse Facial, a refreshing treatment tailored to busy schedules. In just a short session, enjoy a thorough cleanse and rejuvenating hydration, leaving your complexion radiant and ready to face the day. Treatment includes mini facial massage with masque, hot towels ending with serum, luxurious day and eye cream.

30 minutes | \$85

ENHANCED FACIAL TREATMENT

Elevate your skincare routine with our Enhanced Facial Treatment, meticulously crafted to address your specific skin concerns. Experience the luxurious blend of advanced techniques and premium skincare products, tailored to rejuvenate, hydrate, and revitalize your complexion. Your treatment includes double cleansing, steaming, exfoliation, and peel to remove impurities, while indulging in a soothing foot and hand massage. Your facial concludes with targeted serums and moisturizer and sun protection. This transformative experience leaves you with a radiant, luminous glow.

60 minutes | \$135

BODY TREATMENTS

CHOCOLATE “MOOSE” BODY TREATMENT

Indulge your senses with the soothing aroma of chocolate as you recline on warm, water-filled cushions. Experience a luxurious exfoliation, a cocooning chocolate face mask, and a blissful foot massage, leaving your skin smooth and refreshed. Complete your experience with a hydrating mini relaxation massage, ensuring total relaxation and rejuvenation from head to toe.

75 minutes | \$140

SEAWEED BODY WRAP

This rejuvenating body treatment harnesses the power of sea ingredients to renew both body and mind. Begin your indulgence while nestled on warm, water-filled cushions, as your treatment commences with a full-body exfoliation followed by a full body moisturization.

90 minutes | \$150

Additional 18% gratuity will be automatically included in all spa services.

HAND & FOOT CARE



MANICURE

Indulge in a pampering session for your hands with our luxurious manicure experience. Treat your nails to expert shaping, cuticle care, and a nourishing hand massage, leaving them looking impeccably groomed and feeling silky-smooth. Choose from our wide selection of high-quality polishes or opt for a natural buff finish for a timeless elegance. Relax in our serene atmosphere as our skilled technicians lavish attention on every detail, ensuring your hands feel rejuvenated and beautifully manicured.

\$45

ADD ONS

Shellac Polish | \$12 *Shellac Removal* | \$20+

SPA MANICURE

Experience a divine way to maintain beautiful, youthful hands with our spa manicure. In addition to the basic manicure, indulge in an exfoliation treatment followed by wrapping your hands in Eminence Bamboo Age Corrective Masque, leaving them feeling smooth and deeply moisturized. Complete your treatment with a polish color of your choice for the perfect finishing touch.

\$70

ADD ONS

Shellac Polish | \$12 *Shellac Removal* | \$20+

GEL NAILS

Achieve long-lasting, flawless nails with our gel nail service. Our skilled technicians meticulously apply high-quality gel polish, ensuring a durable and chip-resistant finish that lasts for weeks. Say goodbye to frequent touch-ups as our gel nails maintain their vibrant color and shine, even with daily wear and tear. Leave our salon with perfectly manicured nails that are ready for any occasion.

Full Gel Set | \$90+ *Gel Fill* | \$60+ *Gel Removal* | \$35+

ADD ONS

Nail Art | \$7 per nail

Additional 18% gratuity will be automatically included in all spa services.

PEDICURE

Indulge your feet with our rejuvenating pedicure experience. Relax with a softening aromatic foot bath followed by expert nail shaping, buffing, cuticle minimizing, and callus softening. Treat yourself further with a moisturizer application and hot, steamy towels. Complete your service with your choice of polish color for the perfect finishing touch.

\$60

ADD ONS

Shellac Polish | \$12 *Shellac Removal* | \$20+

SPA PEDICURE

Experience a divine way to maintain beautiful, youthful feet with our spa pedicure. In addition to the basic pedicure, indulge in an exfoliation treatment followed by wrapping your feet in Eminence Bamboo Age Corrective Masque, leaving them feeling smooth and deeply moisturized. Complete your treatment with a polish color of your choice for the perfect finishing touch.

\$90

ADD ONS

Shellac Polish | \$12 *Shellac Removal* | \$20+